

## Spiel- und Trainingsplan – 07. Februar – 04. März 2012 – ESV Grizzlys Bergkamen / EC Bergkamener Bären

Datum	Tag	Laufschule/AG	TW	Hobbyteam	Kschl / Bambinis	Schüler	1.Mannschaft	EC Bergkamen
07.Feb	DI					T – 17:45-19:00	T – 20:45-22:00	T – 19:15-20:30
08.Feb	MI		kein Training	T – 21:00-22:00	H-18:00–Gelsenkirchen	kein Training		
09.Feb	DO						T – 20:45-22:00	T – 19:15-20:30
10.Feb	FR	AG-18:45-19:30			T – 18:45-19:45		A – 20:30- Neusser EV	
11.Feb	SA	LS-13:00-13:45				H-10:45 TuS Wiehl Ib	H – 18:30 – Dinslaken	A-20:15-Ratinger Ice Aliens- ECB Ib
12.Feb	SO			T –08:00-09:45				H – 18:30 – ECB Ib – Grefrather EC
14.Feb	DI					T – 17:45-19:00	T – 20:45-22:00	T – 19:15-20:30
15.Feb	MI		19:00-19:45	T – 21:00-22:00	T – 17:45-19:15	T – 19:45-20:45		
16.Feb	DO						T – 20:45-22:00	T – 19:15-20:30
17.Feb	FR	AG-18:45-19:30			T – 18:45-19:45			
18.Feb	SA	LS-13:00-13:45			H-10:45–EHC Netphen			17:45-ESG Esslingen-ECB
19.Feb	SO			T –08:00-09:45			A – 19:00 – Dinslaken	12:00-ESG Esslingen-ECB
21.Feb	DI					T – 17:45-19:00	T – 20:45-22:00	T – 19:15-20:30
22.Feb	MI		19:00-19:45	T – 21:00-22:00	T – 17:45-19:15	T – 19:45-20:45		
23.Feb	DO					A – 18:30 -Gelsenkirchen	T – 20:45-22:00	T – 19:15-20:30
24.Feb	FR	AG-18:45-19:30			T – 18:45-19:45			
25.Feb	SA	LS-13:00-13:45			H-10:45 – EJ Kassel			18:30 -ECB – SC Garmisch
26.Feb	SO			T –08:00-09:45			A – 12:15 Kölner EC	10:30 -ECB – SC Garmisch
28.Feb	DI					T – 17:45-19:00	T – 20:45-22:00	T – 19:15-20:30
29.Feb	MI		19:00-19:45	T – 21:00-22:00	T – 17:45-19:15	T – 19:45-20:45		
01.Mrz	DO						T – 20:45-22:00	T – 19:15-20:30
02.Mrz	FR	AG-18:45-19:30			T – 18:45-19:45			
03.Mrz	SA	LS-13:00-13:45			H-09:30- Bambiniturnier ESV Grizzlys		A – 20:30 GSC Moers	18:30 -ECB – OSC Berlin
04.Mrz	SO			T –08:00-09:45			H-18:30–YL Frankfurt	10:30 -ECB –OSC Berlin